



End of life care

Passionate about care



Balhousie Care Group
sharing your care

www.balhousiecare.co.uk

Person-centred Care

Here at Balhousie Care Group, we offer a full range of caring support, including palliative care, which focuses on the prevention and relief of suffering.



Our goal is always to improve the quality of life for all of our residents.

At Balhousie Care Group, we aim to reduce the natural worry, anxiety and concern of family and friends through a dignified support plan, which is developed in full consultation with each resident, their family, medical advisor(s) and our care team.

Our approach aims to ensure we:

- Offer a support system that helps residents live as actively as possible
- Provide relief from pain and any other symptoms
- Respect and comply with any psychological or spiritual care preferences made clear to us
- Support individuals to recognise and achieve goals, however small or ambitious they may be.

To ensure we meet these aims successfully, our trained and qualified staff will always assess care needs and choices before a move into any of our homes. This review covers physical, emotional, psychological, social, spiritual and information needs and the resulting personal care plan is then kept under regular review throughout each resident's stay with us.

Our supportive care enables each resident to live a full life with us, and maximises the benefits of treatment, when required, to cope with the effects of any condition and its treatment.

We can arrange private visits by local qualified complementary therapists to help alleviate a range of symptoms.

Our ability to offer intensive co-ordinated support for residents with complex needs, means they can remain with us, in familiar surroundings and among friends, for as long as possible.

We have rooms that offer specialised accommodation for residents with particular needs. Bedrooms and lounges are fitted out to provide a safe, secure and caring environment, which ensures that care meets individual needs during their stay with us.

Our supportive care encompasses:

- Resident involvement
- Information and advice
- Psychological support
- Symptom control.

If you would like to discuss specific care needs please contact us: enquiries@balhousie.co.uk or call 01738 254254



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