



**Wheatlands Care Home**  
Passionate about care



**Balhousie Care Group**  
sharing your care

[www.balhousiecare.co.uk](http://www.balhousiecare.co.uk)



“ The atmosphere and the homeliness is just perfect. It’s fun, it’s friendly and I love it.”

Resident at Balhousie Wheatlands Care Home

# Make yourself at home Come in!

It’s my pleasure to introduce myself, **Grace Sloan**, and also to introduce you to our home at Wheatlands, where I am the Manager.



**Thank you for your interest in our warm and welcoming home. Restored from a 19th century country house, this home provides a spacious, relaxing and comfortable environment in which our residents feel safe, secure and, most importantly, at home.**

Here, our care team provide an excellent level of care and support, promoting enablement and quality of life.

We offer single occupancy accommodation in 59 tastefully furnished bedrooms, each with a 24-hour call alert system.

All rooms can be decorated with personal furniture and mementos,

making your new home unique and comfortable for you. There are also telephone and television points in many rooms and many enjoy views over our beautiful gardens. Full lift access and wheelchair-friendly access make it easy to move around throughout the home.

The great achievement, for me, is creating a home that focuses on residents and provides them with a warm, homely, secure and stimulating environment. We focus on creating a friendly, happy and vibrant atmosphere, that’s what makes Wheatlands a special place to live and work.

**I would welcome the opportunity to let you see our home for yourself, in a personal tour. To arrange a visit, or to find out more about the care we provide, please call me on 01324 814561.**





“ The best thing about Wheatlands is that there’s plenty of space to have free movement and lovely gardens.”

Resident at Balhousie Wheatlands Care Home

## Home from home

**Wheatlands care home is a community of caring people – staff, residents and relatives alike – all working together to provide a warm, compassionate and comforting environment.**

We know that it can be a big decision to leave somewhere that has been your home for many years, but the team here are passionate about making this your home from home.

We aim to provide the flexibility and comfort you’ve enjoyed previously, surrounded by stimulating company and a wide range of activities, but also with the knowledge that, if and when you need support, professional and caring people are here for you.

## Passionate about care and well-being

**The team create an environment based on respect and dignity and provide a holistic approach to individual care needs.**

We understand that everyone is unique, with different likes; dislikes; needs and wants. We therefore tailor our approach and service based entirely on each person. Before

moving in, we’ll conduct an individual assessment and create a care package that meets your needs; this is continually reviewed and re-assessed.

As well as any clinical needs, our review will also include learning about your existing hobbies and interests, and discussing new activities you may like to try.

## Activities

**Events, day trips and activities play a big part of life at Wheatlands. We always work with residents and staff to identify new activities that will appeal to people.**

We regularly hold classes and offer activities suitable for all abilities. These vary and may include seated exercises, entertainment with regular shows, quizzes and concerts; hobbies, such as arts and crafts, flower arranging, painting and card making; and games.

We know that activities help improve overall physical strength and mental well-being which is why we have a regular calendar of meaningful activities, which family and friends can also participate in; so there’s bound to be a lot that appeals.

## Person-centred Care

The most important aspect of care is the people who deliver it and I take pride in knowing that every member of my team is determined to deliver the best possible care and support, which promotes your independence, whatever your needs.

Here at Balhousie Wheatlands, we can cater for the individual needs and requirements of those needing residential, nursing and respite care; and residents with particular needs associated with Alzheimer’s and dementia care.

Our residents are able to enjoy a warm and happy atmosphere, in a beautiful traditional building, while being looked after by a genuinely enthusiastic and caring team. My team is fully trained to meet the requirements of residents with specific care needs and undergo regular development programmes. Our approach is to improve the quality of life for the resident and to reduce the natural worry, anxiety and concern of family and friends.

**If you would like to discuss your care needs please contact me:**  
[grace.sloan@balhousiecare.co.uk](mailto:grace.sloan@balhousiecare.co.uk)







## Keeping in touch

**Balhouses Wheatlands offers a safe and supported continuation of the lifestyle you have been used to enjoying, and we welcome and encourage visitors.**

Family are always welcome to visit, participate in activities and can join you for lunch or an evening meal. They may be interested in joining our feedback group, where your experience can help us continually improve our offering adding to the enjoyment for all residents.

Our internet corner is very popular, and is ideal if your family live further afield. The team is always happy to help you. We have residents whose family Skype regularly from overseas, and your friends and family can post videos and photographs at any time, which we'll always ensure you see. We'll also help you keep in contact by email, and provide regular updates via our quarterly newsletter.

## Community and environment

**Our approach, of inclusion and community engagement, helps provide an overall feeling of wellness and purpose for our residents. Working with others of all ages, supports our intergenerational activity and offers an opportunity for people to work together and enhance our resident's lives.**

Residents also have a choice of five comfortable and spacious lounges, and three spacious and elegant dining rooms, where we can all gather together to enjoy meals. Our chef prepares seasonal menus that cater for your specific dietary requirements, delivering healthy, appealing and nutritious meals that reflect nutritional needs and resident wants.

## Listening

**Our open door policy promotes two-way communication: we are committed to listening to, and meeting the needs of our residents.**

We consult with them on menu choices, activities programmes and general home and service improvements.





## Wheatlands

The area around Bonnybridge offers wonderful views over surrounding High Bonnybridge and Cowden Hill.

In the warm weather our residents enjoy sitting in the secure, enclosed and beautiful gardens.

### **Balhousesie Wheatlands Care Home**

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