



North Grove Care Home Passionate about care



Balhousie Care Group
sharing your care

www.balhousiecare.co.uk

“ I know mum is safe, cared for and happy – it’s good to know.”

Daughter of resident at North Grove Care Home

Come in!

Make yourself at home

It’s my pleasure to introduce myself, **Diane Halley**, and also to introduce you to the purpose-built home here at North Grove, where I am the Manager.



We provide 24 hour nursing care to residents living with Alzheimer’s or dementia and focus on enabling them to live as active and full a life as possible and desired.

Our home provides the safety, comfort and security to allow you to enjoy elderly life, safe in the knowledge that care and support is available as and when required.

We offer single occupancy accommodation in 36 beautifully

I would welcome the opportunity to let you see our home for yourself, in a personal tour. To arrange a visit, or to find out more about the care we provide, please call **01738 628771**.

furnished bedrooms, each with a private en-suite shower facility.

All rooms can be decorated with personal furniture and mementos, making your new home unique and comfortable for you. There is also a telephone point in every room with many enjoying flat screen televisions.

The biggest achievement, for me, is creating a warm, homely, secure and stimulating environment for our residents. With a friendly atmosphere, North Grove is an enjoyable place to both live and work.



“ Working at North Grove is challenging but rewarding. I love my job but I love my residents more.”

Carer at North Grove Care Home



Home from home

North Grove Care Home is a community of caring people – staff, residents and relatives alike – all working together to ensure a warm, compassionate and comforting environment. We know that it can be a big decision to leave somewhere that has been your home for many years, but the team here is passionate about making this your home from home.

We aim to provide the flexibility and comfort you've enjoyed previously, but with the knowledge that, if and when you need support, you're surrounded by professional and caring people.

My team create a caring environment that respects your needs, while balancing this with opportunities to enjoy stimulating company and a wide range of activities.

Passionate about care and well-being

We understand that each individual is unique, with different likes; dislikes; needs and wants. We therefore tailor our approach and service based entirely on each

individual. Before moving in, we'll conduct an individual assessment of your needs and this is continually reviewed and re-assessed.

As well as any clinical needs, our review will also include learning about your existing hobbies and interests, and discussing new activities you may like to try.

Activities

We know events help improve overall physical strength and mental well-being, and seeing residents blossom, as our approach brings out the best in them is a joy.

A great source of enjoyment for our residents comes from organised activities including seated exercises, entertainment with regular shows, quizzes and concerts; hobbies, such as arts and crafts, flower arranging, painting and card making; and games.

Events are always optional, but our dedicated activity champions help deliver a full calendar of structured and meaningful activities, which family and friends can also participate in, so there's bound to be a lot that appeals.

Person-centred care

The most important aspect of care is our people and I know that every member of my team is determined to deliver the best possible care and support, which promotes your independence whatever your needs.

Here at Balhousie North Grove, we can cater for the individual needs and requirements of those needing Alzheimer's and dementia residential care.

Our residents enjoy a modern, warm and lively atmosphere, while being looked after by an enthusiastic, professional and caring team. The team undergo regular training and development allowing us to deliver the best care that meets the requirements of each individual resident. Our method is to improve the quality of life for the resident and to reduce the natural worry, anxiety and concern of family and friends.

If you would like to discuss your care needs please contact me at diane.halley@balhousiecare.co.uk



Listening

Our open door policy promotes two-way communication: we are committed to listening to, and meeting the needs of our residents and their families.

We consult with them on menu choices, activities programmes and general home and service improvements to make sure we really do create a home for residents.

Our chef prepares seasonal menus that cater for specific dietary requirements, delivering healthy, appealing and nutritious meals that reflect nutritional needs and resident wants.

Keeping in touch

Balhouses North Grove offers a safe and supported continuation of the lifestyle you have been used to enjoying, and we welcome and encourage visitors.

Family are always welcome to join in activities and can join you for lunch or an evening meal. They may be interested in joining our feedback group, where your experience can help us continually improve the enjoyment of all residents.

Our internet corner is very popular, and is ideal if your family live further afield. The team is always happy to help you. We have residents whose family Skype regularly from overseas, and your friends and family can post videos and photographs at any time, which we'll always ensure you see. We'll also help you keep in contact by email, and provide regular updates via our quarterly newsletter.

The community and our home

We support an intergenerational approach and working with the community to do this is very beneficial for our residents. We welcome regular visits from local schools and nurseries, which work with residents on activities such as garden projects, art shows and music recitals.

This helps embrace an overall feeling of happiness and wellness for residents, who have a choice of four bright and spacious lounges to enjoy hosting visitors or for general socialising.

There is a diversional therapy room, providing opportunities to participate in activities aimed at promoting individual self-esteem and personal fulfilment.

We also have two sensory gardens, full of colour, texture and fragrance.





Perth

A former capital of Scotland, Perth was made a city again by the Queen as part of her Diamond Jubilee celebrations in 2012.

It enjoys a beautiful position on the banks of the Tay, which at 119 miles is Scotland's longest river. Surrounded by some of the best farmland in Scotland, the city is recognised as one of Scotland's premier culinary centres and offers a range of entertainment, shops, cafés and restaurants.

Balhousesie North Grove Care Home

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