



Rumbling Bridge Care Home

Set amidst the calm and serenity of our beautiful landscaped garden and situated close by the A823, in Perth & Kinross.

Our name is inspired by the nearby double bridge, which crosses a narrow gorge – and the distant, gentle ‘rumbling’ sound of the water that can be heard from the garden.

Rumbling Bridge Care Home

Passionate about care

Rumbling Bridge Care Home
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Balhousie Care Group
sharing your care

www.balhousiecare.co.uk

“Almost immediately, Mum’s health and sense of well-being started to improve, due to the constant tender care she received.”

Daughter of resident at Balhousie Rumbling Bridge Care Home

Come in!

Make yourself at home

It’s my pleasure to introduce myself, **Lynne McMurtrie**, and also to introduce you to the beautiful care home here in Kinross, where I am the Manager.



Thank you for your interest in our purpose-built home. Extensively refurbished, it provides a modern, light and airy environment, where our focus is on

resident dignity, respect and comfort.

We offer single room accommodation in 41 bright, elegantly furnished bedrooms, each with a large, stylish and private en-suite bathroom. This incorporates our 18-room Huntington’s unit which has been purpose built and designed to cater for the specific care needs of adults with Huntington’s disease.

Rooms throughout can be decorated with personal furniture and mementos, making your new home unique and comfortable for you. There is also a telephone point and flat screen television in each room as well as a 24-hour call-alert system.

The greatest achievement for me is creating a warm, homely, secure and stimulating environment for all our residents and our specialist facilities and expertise are valued and appreciated by both our residents and their loved ones.

I would welcome the opportunity to let you see our home for yourself, in a personal tour.

To arrange a visit, or to find out more about the care we provide, please call 01577 840478 or email lynne.mcmurtrie@balhousiecare.co.uk



“The home has the most amazing setting, it's relaxing and comforting.”

Resident at Balhousie Rumbling Bridge Care Home

Home from home

Rumbling Bridge care home is a community of caring people – staff, residents and relatives alike – all working together to ensure a warm, compassionate and comforting environment. We know that it can be a big decision to leave somewhere that has been your home for many years, but everyone here is passionate about making this your home from home.

We aim to provide the flexibility and comfort you've enjoyed previously, with the knowledge that, if and when you need support, you're surrounded by professional and caring people.

Within our specialist Huntington's and EMI units, rooms are designed with consideration to the needs of people living with this condition.

The combination of specialist facilities and our fully trained care teams allow us to deliver personalised care and kindness to all our residents, designed to enhance the quality of life.

Passionate about care and well-being

The prime focus for the entire team is creating a caring environment based on respect and dignity, and providing a holistic approach to the care of our residents.

We understand that each individual is unique with different likes; dislikes; needs and wants. We therefore tailor our approach and service based entirely on each individual. Before moving in, we'll conduct an individual assessment of your needs and this is continually reviewed and re-assessed.

As well as any care needs, our review will also include learning about your existing hobbies and interests, and discussing new activities you may like to try.

With excellent access throughout the building, including full lift access to all floors and wide corridors and doorways that make it easy for those in wheelchairs to move about, our approach embraces an overall feeling of wellness for our residents; right at the heart of the local community.

There are bright and airy sitting rooms and dining areas, each providing space to meet up with old and new friends alike. Coffee, tea and hot chocolate are available throughout the day, as is a range of tasty squashes and refreshing fruit drinks.

The location of our home also encourages strong interaction with the community.

Person-centred care

The most important aspect of care is our people and I know that every member of my team here is determined to deliver the best possible care, which promotes your independence whatever your needs.

We offer a full range of caring support: nursing, respite care, Alzheimer's & dementia care and Huntington's disease.

My team is fully trained to meet the special needs and requirements of residents. Our approach is to improve the quality of life for the resident and to reduce the natural worry, anxiety and concern of family and friends.

If you would like to discuss special care needs please contact me at lynne.mcmurtrie@balhousiecare.co.uk





Keeping in touch

Living in Balhousie Rumbling Bridge ensures a safe and supported continuation of the lifestyle you have been used to enjoying, and we welcome and encourage visitors.

Family are always welcome to join in activities and can join you for lunch or an evening meal. They may be interested in joining the feedback group I've already mentioned, where your experience can help us continually improve the enjoyment for all residents.

Our internet corner is very popular, offering free-to-use Wi-Fi for all residents. The team is always happy to help you. We have residents whose family Skype regularly from overseas, and your friends and family can post videos and photographs at any time, which we'll always ensure you see. We'll also help you keep in contact by email and provide regular updates via our quarterly newsletter.

Activities

We know events help improve overall physical strength and mental well-being, and seeing residents blossom, as our approach brings out the best in them and for them, is an absolute joy.

Regular organised activities vary and can include seated exercises, entertainment with regular shows, quizzes and concerts; hobbies, such as arts and crafts, flower arranging, painting and card making; and games.

Events are always optional, but our activity champions help deliver a full calendar of structured and meaningful activities. Family and friends can also participate; so there's bound to be lots that appeals. We also encourage strong ties with our community and take regular day trips in our mini bus.

Listening

Our open door policy promotes two-way communication. We are committed to listening to and meeting the needs of our residents.

We consult with them on menu choices, activities programmes and general home and service improvements.

Our chef prepares seasonal menus that cater for specific dietary requirements, delivering healthy, appealing meals that meet all your nutritional needs.