



Stormont Care Home
Passionate about care



Balhousie Care Group
sharing your care

www.balhousiecare.co.uk

“I’m happy, it’s a good place to live.”
Resident at Balhousie Stormont Care Home

Come in!

Make yourself at home

It’s my pleasure to introduce myself, **Cheryl Banks**, and also to introduce you to the beautiful care home here in Blairgowrie, where I am the Manager.



Thank you for your interest in our beautiful, 19th century country house style home. Here, we provide a welcoming environment

which focusses on resident safety, respect and comfort.

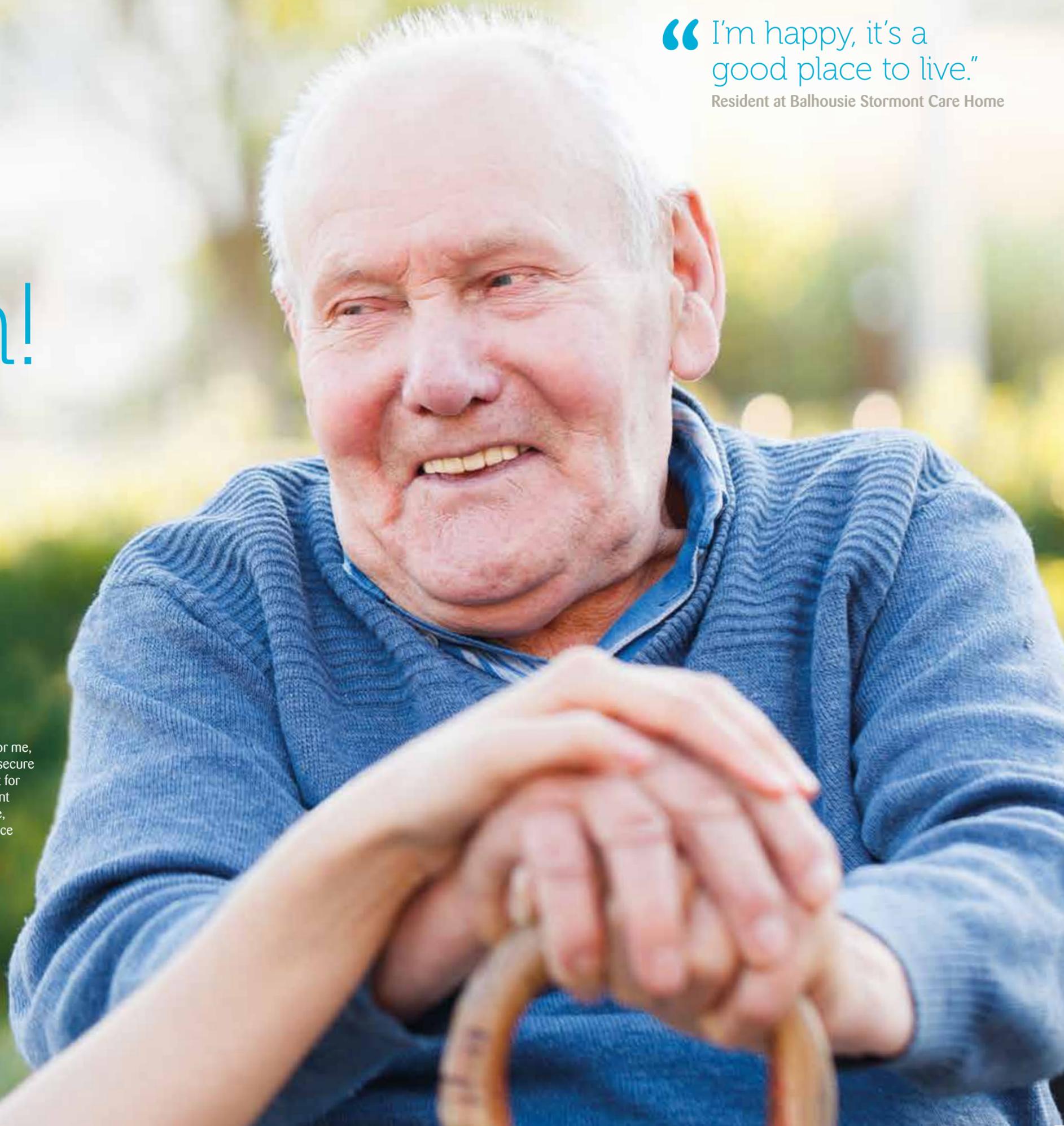
Stormont Care Home is one of the oldest in the Balhousie collection. It provides 31 single occupancy bedrooms, each tastefully furnished and in keeping with the style and elegance of the house. Rooms throughout can be decorated with personal furniture and momentos, making your new home unique, comfortable and homely.

The house enjoys beautiful gardens, which many of our residents help to maintain through gardening activities.

The greatest achievement, for me, is creating a warm, homely, secure and stimulating environment for our residents. With an elegant feel and friendly atmosphere, Stormont is an enjoyable place to both live and work.

I would welcome the opportunity to let you see our home for yourself, in a personal tour.

To arrange a visit, or to find out more about the care we provide, please call 01250 875888.



“ The best thing about the home is the people. The atmosphere and the interaction really sets Stormont apart from the rest.”

Relative of resident at Balhousie Stormont Care Home

Home from home

We know that it can be a big decision to leave somewhere that has been your home for many years, but the team here are passionate about making this your home from home.

We aim to provide the flexibility and comfort you've enjoyed previously, but with the knowledge that, if and when you need support, you're surrounded by professional and caring people.

My team provide a caring environment that respects your needs, while balancing this with opportunities to enjoy stimulating company and a wide range of activities.

Passionate about care and well-being

The prime focus for the entire team is creating a caring environment based on respect and dignity, and providing a holistic approach to the care of residents.

We understand that each individual is unique, with different likes, dislikes, needs and wants. We therefore tailor our approach and service based

Person-centred care

Here at Balhousie Stormont, we offer a full range of caring support: residential, convalescent, respite, Alzheimer's and dementia care and end of life care.

My team is fully trained to meet the requirements of residents.

If you would like to discuss special care needs please contact me: cheryl.banks@balhousiecare.co.uk



entirely on each individual. Before moving in, we'll conduct an individual assessment of your needs and this is continually reviewed and re-assessed.

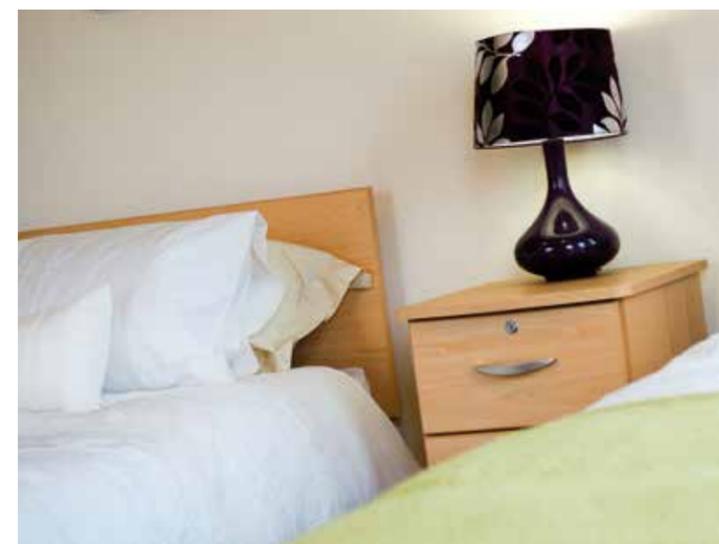
As well as any clinical needs – which we'll review with you and your care and support team – we will also include learning about your existing hobbies and interests, and discussing new activities you may like to try.

Activities

We know events help improve overall physical strength and mental well-being, and seeing residents blossom, as our approach brings out the best in them, is an absolute joy.

Regular organised activities vary and include seated exercises; entertainment, with regular shows, quizzes and concerts; hobbies, such as arts and crafts, flower arranging, painting and card making; and games.

Events are always optional, but our dedicated activity champions help deliver a full calendar of structured and meaningful activities, which family and friends can also participate in, so there's bound to be a lot that appeals.





Keeping in touch

Living in Balhousie Stormont offers a safe and supported continuation of the lifestyle you have been used to enjoying, and we welcome and encourage visitors.

Family are always welcome to join in activities and, if we have notice, can join you for lunch or an evening meal. They may be interested in joining the feedback group, where your experience can help us continually improve the enjoyment for all residents.

If your family live further afield, our internet corner is very popular. The team is always happy to help you. We have residents whose family Skype regularly from overseas, and your friends and family can post videos and photographs at any time, which we'll always ensure you see. We'll also help you keep in contact by email, and provide regular updates via our quarterly newsletter.

The community

Our Care Home is set within its own extensive and lovingly maintained grounds, just a short walk from all local amenities including GP's, Post Office, banks, shops and churches. The Home embraces an overall feeling of wellness for our residents; right at the heart of the local community.

There are two bright, comfortable communal lounges, providing space to meet up with old and new friends alike. Coffee, tea and hot chocolate are available throughout the day, as is a range of tasty squashes and refreshing fruit drinks.

The location of our home also encourages strong interaction with the community. We invite people into our home to participate in activities, and we also take residents to the local coffee shops to enjoy an outing.

Listening

For me, the relationships that my team develop with our residents creates one of our biggest assets; getting to know each resident and their loved ones personally is integral to the care and support we deliver.

Our open door policy supplements this and promotes two-way communication: we are committed to listening to, and meeting the needs of, our residents.

We consult with them on menu choices, activities programmes and general home and service improvements. Our chef prepares seasonal menus that cater for specific dietary requirements, delivering healthy, appealing and nutritious meals that reflect nutritional needs.



Blairgowrie

Blairgowrie is a bustling rural town, set alongside the River Erich in the Perthshire hills. It has grown into a well known tourist centre and has easy access to the mountains and hills and views that surround it. Many of our residents enjoy the opportunity to be taken out for the day by their family or friends to explore the beauty of the nearby countryside.

Balhousie Stormont Care Home

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