



## Carnoustie

Carnoustie is a small coastal town ten miles east of Dundee, famous for its championship golf course.

Our very welcoming home is situated off Maule Street in a quiet, leafy and highly desirable neighbourhood location. A variety of leisure facilities, places of worship, local shopping and the town centre nearby enable many of our residents to remain part of and be in touch with the local community.

**Brookfield Care Home**  
Passionate about care

**Balhouses Brookfield Care Home, Carnoustie**  
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Balhouses Care Group  
sharing your care

[www.balhousescare.co.uk](http://www.balhousescare.co.uk)

“ Nice and friendly staff. We always get a great welcome and it’s a pleasure visiting the home and seeing mum thrive.”

Relative at Balhousie Brookfield Care Home

# Come in!

## Make yourself at home

**Thank you for your interest in Brookfield, our very cosy, Victorian-period residential home.**

It has been thoughtfully renovated to make the most of the historic building whilst modernising the core aspects of the facility.

We are determined to maintain the warm and happy character of the home. It provides a comfortable environment where our team provides a truly exceptional level of care and comfort to residents.

We offer single occupancy accommodation in 24 furnished bedrooms; 23 with stylish and private en-suite bathrooms. There are also two therapy baths

(one with a Jacuzzi) and showers with wheelchair access and disabled facilities.

Rooms throughout can be decorated with personal furniture and mementos, making your new home unique and comfortable for you. There is also a television and telephone point in every room and many rooms enjoy outlooks over our beautiful garden.

We’re proud that we have created a warm, homely, secure and stimulating environment for our residents. With an elegant feel and friendly atmosphere, Brookfield is an enjoyable place to both live and work.

We would welcome the opportunity to let you see our home for yourself through a personal tour.

To arrange a visit or find out more about the care we provide, please call 01241 853855 or email: [enquiries@balhousiecare.co.uk](mailto:enquiries@balhousiecare.co.uk)

“ My role as a carer here at Brookfield gives me a great sense of achievement and fulfilment. No two days are the same, but each is a pleasurable one.”

Carer at Balhousie Brookfield Care Home

## Home from home

**Balhousie Brookfield is a community of caring people – staff, residents and relatives alike – all working together to ensure a warm, compassionate and comforting environment. We know that it can be a big decision to leave somewhere that has been your home for many years, but the team here are passionate about making this your home from home.**

We aim to provide the flexibility and comfort you've enjoyed previously, but with the knowledge that, if and when you need support, you're surrounded by professional and caring people.

Our team provides a caring environment that respects your needs, while balancing this with opportunities to enjoy stimulating company and a wide range of activities.

## Passionate about care and well-being

**The prime focus for the entire team is creating a caring environment based on respect and dignity and providing a holistic approach to the care of residents.**

We understand that each individual is unique, with different likes, dislikes, needs and wants. We therefore tailor

our approach and service based entirely on individuality. Before you move in, we'll conduct an assessment of your needs and this is continually reviewed and re-assessed.

As well as any clinical requirements, our review will also include learning about your existing hobbies and interests, and discussing new activities you may like to try.

## Activities

**We know events help improve overall physical strength and mental well-being, and seeing residents blossom, as our approach brings out the best in them, is a joy.**

Regular organised activities vary and include seated exercises, entertainment with regular shows, quizzes and concerts; hobbies, such as arts and crafts, flower arranging, painting and card making; and games.

Events are always optional, but our dedicated activity champions help deliver a full calendar of structured and meaningful activities which family and friends can also participate in, so there's bound to be a lot that appeals.

## Person-centred care

The most important aspect of care is our people and we know that every member of our team here is determined to deliver the best possible residential and respite care and support, which promotes your independence whatever your needs.

Here at Balhousie Brookfield, our residents are able to enjoy this elegant care home and its warm, convivial atmosphere while being looked after by a genuinely enthusiastic and caring team. Our team is fully trained to meet the requirements of residents' needs. Our approach is to improve the quality of life for the resident and to reduce the natural worry, anxiety and concern of family and friends.



## Keeping in touch

Living in Balhousie Brookfield offers a safe and supported continuation of the lifestyle you have been used to enjoying, and we welcome and encourage visitors.

Family are always welcome to join in activities and can join you for lunch or an evening meal. They may be interested in joining our feedback group, where your experience can help us continually improve the enjoyment of all residents.

If you live further afield, we'll also help you keep in contact by email, ensuring that residents always see copies of any messages or photographs that you send. We also provide you with regular updates via our quarterly newsletter.

## Listening

Our open door policy promotes two-way communication: we are committed to listening to and meeting the needs of our residents.

We consult with them on menu choices, activity programmes and general home and service improvements.

Our chef prepares seasonal menus that cater for specific dietary requirements, delivering healthy, appealing and nutritious meals that reflect nutritional needs and resident wants.

## The community

Our approach embraces an overall feeling of wellness for our residents. They can enjoy views over our beautifully landscaped gardens and lawns, which are very peaceful and welcoming.

The family culture which we're proud of at Balhousie Brookfield is apparent in everything we do throughout the day, and especially at meal times where we encourage social interaction.

