



**Luncarty Care Home**  
Passionate about care



**Balhousie Care Group**  
sharing your care

[www.balhousiecare.co.uk](http://www.balhousiecare.co.uk)





“ I just love listening and sharing a joke with staff and other residents, I am really happy here.”

Resident at Balhousie Luncarty Care Home

# Come in!

## Make yourself at home

**Thank you for your interest in our elegant, Victorian-era home, designed with space and comfort in mind. Our care team provide an excellent level of care and support to residents promoting enablement and quality of life.**

We offer single occupancy accommodation in 29 tastefully furnished bedrooms, many with a view over our private grounds. All rooms can be decorated with personal furniture and mementos, making your new home unique and comfortable for you.

We would welcome the opportunity to let you see our home for yourself, in a personal tour. To arrange a visit, or to find out more about the care we provide, please call **01738 828163**.

There is also a telephone point and flat screen television in every room.

The great achievement, for us, is creating a home that focuses on residents and provides them with a warm, homely, secure and stimulating environment. With a friendly atmosphere, Luncarty is an enjoyable environment in which to live and work.

“ Our meals are lovely, especially the pudding, it’s my favourite part!”

Resident at Balhousie Luncarty Care Home

## Home from home

**Luncarty care home is a community of caring people – staff, residents and relatives alike – all working together to provide a warm, compassionate and comforting environment. We know that it can be a big decision to leave somewhere that has been your home for many years, but the team here are passionate about making this your home from home.**

We aim to provide the flexibility and comfort you’ve enjoyed previously, but with the knowledge that, if and when you need support, you’re surrounded by professional and caring people.

My team provide a caring environment that respects your needs, while balancing this with opportunities to enjoy stimulating company and a wide range of activities.

## Passionate about care and well-being

**The prime focus for the entire team is creating a caring environment based on respect and dignity and providing a holistic approach to the individual care needs of each resident.**

We understand that everyone is unique, with different likes; dislikes; needs and wants. We therefore tailor

our approach and service based entirely on each person. Before moving in, we’ll conduct an individual assessment of your needs and create a care package that meets your needs; this is continually reviewed and re-assessed.

As well as any clinical needs, our review will also include learning about your existing hobbies and interests, and discussing new activities you may like to try.

## Activities

**Events help improve overall physical strength and mental well-being which is why we encourage regular participation and offer activities suitable for all abilities. Seeing residents flourish as a result is an absolute joy to see.**

Regular organised activities vary and include seated exercises, entertainment with regular shows, quizzes and concerts; hobbies, such as arts and crafts, flower arranging, painting and card making; and games.

Events are always optional, but our dedicated activity champions help deliver a full calendar of structured and meaningful activities, which family and friends can also participate in, so there’s bound to be a lot that appeals.

## Person-centred care

The most important aspect of care is the people who deliver it and we take pride in knowing that every member of my team is determined to deliver the best possible care and support, which promotes your independence whatever your needs.

Here at Balhousie Luncarty, we can cater for the individual needs and requirements of those needing residential, nursing and respite care; and residents with particular needs associated with Alzheimer’s or dementia care.

Our residents are able to enjoy a warm and happy atmosphere, while being looked after by a genuinely enthusiastic and caring team. Our team is fully trained to meet the requirements of residents with specific care needs and undergo regular development programmes. Our approach is to improve quality of life for the resident and to reduce the natural worry, anxiety and concern of family and friends.

If you would like to discuss your care needs please contact us at: [enquiries @balhousiecare.co.uk](mailto:enquiries@balhousiecare.co.uk)



## Keeping in touch

**Balhousie Luncarty offers a safe and supported continuation of the lifestyle you have been used to enjoying, and we welcome and encourage visitors.**

Family are always welcome to visit, participate in activities and can join you for lunch or an evening meal. They may be interested in joining our feedback group, where your experience can help us continually improve the enjoyment of all residents.

Our internet corner is very popular, and is ideal if your family live further afield. The team is always happy to help you. We have residents whose family video-call regularly from overseas, and your friends and family can post videos and photographs at any time, which we'll always ensure you see. We'll also help you keep in contact by email, and provide regular updates via our quarterly newsletter.

## The community

**Our approach of inclusion and community engagement helps provide an overall feeling of wellness and purpose for our residents.**

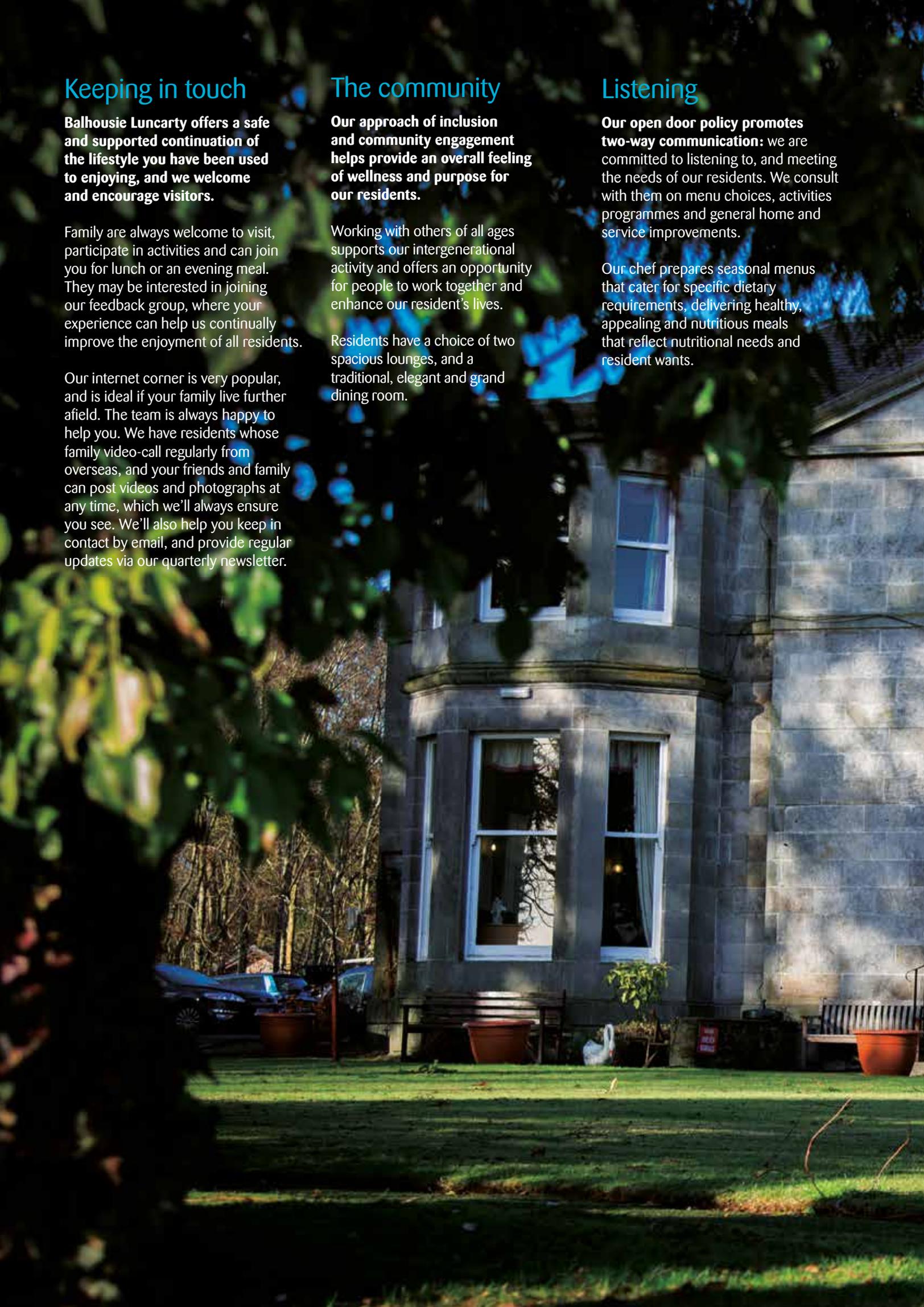
Working with others of all ages supports our intergenerational activity and offers an opportunity for people to work together and enhance our resident's lives.

Residents have a choice of two spacious lounges, and a traditional, elegant and grand dining room.

## Listening

**Our open door policy promotes two-way communication:** we are committed to listening to, and meeting the needs of our residents. We consult with them on menu choices, activities programmes and general home and service improvements.

Our chef prepares seasonal menus that cater for specific dietary requirements, delivering healthy, appealing and nutritious meals that reflect nutritional needs and resident wants.







## Perthshire

**At 119 miles in length, the river Tay is Scotland's longest and is surrounded by some of the country's best farmland.**

The home at Luncarty, just to the north of the city of Perth, has been tastefully updated, whilst still maintaining many of its original features. We provide our residents with a spacious, relaxing and comfortable environment in which they can feel safe, secure and most importantly, at home.

### **Balhousie Luncarty Care Home**

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