



Protocol to support resident overnight stay with family

Scottish Government 'Open with Care' guidance supports a staged approach to the reintroduction of visiting within and out of the care home. We recognise that visiting will carry a risk to visitors, residents and staff, therefore careful attention to infection prevention and control measures must be in place to reduce such risk.

The following steps need to be followed prior to, during and after a resident's overnight stay out of the home:

- You and other members of the household who will be in the home need to present at the home and have a Lateral Flow Rapid Response COVID 19 test performed by one of our staff. If you return a positive result, the overnight stay will need to be rescheduled and you will be asked to go straight home, self-isolate and contact Public Health to arrange a further test. We will explain to your loved one why they are unable to go with you for an overnight stay.
- Young children (<16 years) will not be required to have a lateral flow rapid response COVID19 test however we ask that Scottish Government infection prevention and control measures are adhered to at all times.
- Whilst transporting a resident in a car:
 - All passengers will be required to wear a facemask unless medically exempt. If exempt then a face visor will be offered as an alternative.
 - The resident should be offered to wear a facemask.
 - A window should be opened for increased ventilation.
- You will be required to adhere to the COVID-19 regulations that are in place for the public whilst in public spaces.
- To protect you loved one during a visit to another household we ask that you:
 - Maximise the ventilation throughout the home;
 - Promote regular hand washing for all members of the household;
 - Increase the cleaning of surface such as door handles as well as shared bathroom facilities;
 - Strictly adhere to household/gathering numbers whilst on outing (currently up to 6 people from 3 households)
- Advise a staff member if you or other members of the household where the loved one will be staying have been feeling unwell in any way. You will be asked a series of questions by a staff member including:
 - Do you or other members of the household have a new/continuous cough?
 - Have you or other members of the household had any sickness or diarrhoea within the last 48 hours?
 - Have you or other members of the household noticed a change in your temperature?
 - Have you or other members of the household noticed a change to your normal sense of taste or smell?
 - Have you or other members of the household been in contact with anyone suspected as having, or who was tested positive for COVID-19, in the past 14 days?
- You and other members of the household will be asked to complete a visitor details form and sign a consent and waiver form.
- You will have your temperature taken and recorded via the thermal imaging camera in the home. If your temperature is ≥ 37.8 degrees centigrade the overnight visit will need to be rescheduled and your family member will be advised.

Date: 16 June 2021

Version: V1.01

Balhousie Care Group

Earn House, Broxden Business Park,
Lamberkine Drive, Perth PH1 1RA

t 01738 254 254

w balhousiecare.co.uk